Beyond Grace and Courtesy; Mindful Practices
For Diversity and Today’s Living
Alicia Lovell Brady

MEPI Fostering Peace Through Uncertain Times
Kiawah Island, South Carolina
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Overview of Grace and Courtesy Lecture and Discussion Notes:

Where Are We Today? Finding Solutions to our Problems:

“Human beings have been granted some special gifts, intellect and will, reason and love. Human being have the possibility of thinking about what they are doing and of choosing what they do.” Allyn S. Travis

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Exploration: Building Community to Strengthen Individuals:

Extensions for Peace Education in the Learning Environment:

Questions, Thoughts and Comments:

“Respect for the child and his initiative is essential” – Maria Montessori

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Positive Traits for Children to Acquire

Refined 
Polite 
Cultivated 
Dignified 
Courteous 
Considerate 
Mannerly

Attentive 
Civil 
Elegant 
Affable 
Friendly 
Diplomatic 
Respectful

kind 
Courtly 
Cultured 
Amiable 
Fair 
Honest 
Sincere

As their facilitators we must find ways to Create Opportunities for Children to develop these traits.

Resources Used in this presentation:

Children’s Books
- A Handful of Quiet: Happiness in Four Pebbles
  Thich Nhat Hanh

- Planting Seeds: Practicing Mindfulness with Children
  Thich Nhat Hanh and Chan Chau Nghiem

- Owen and Mzee: The True Story of a Remarkable Friendship
  Isabella Hatkoff and Craig Hatkoff

Teacher Resources
- The Mind-Up Curriculum
  The Hawn Foundation

- Co-operating: Alternatives to Competition in the Home and Classroom
  Mary Anne McElmurry

- Teach Breathe Learn
  Meena Srinivasa

- Peace Tales
  Margaret Read MacDonald

- Growing Character: 99 Successful Strategies for the Elementary Classroom
  Deb Austin Brown

- Celebrate Peace
  Kelly Guinan

- The Peaceful Classroom
  Charles Smith PhD

- Everyday Grace
  Karen Santorum

- Brain Gym
  Paul Dennison PhD and Gail Dennison

Other
- Judy Feeney, Montessori in the Mountains, Colorado Springs, CO
- Sonny McFarland, “Honoring the Light of the Child”
- Lois Bobo PhD, Utah Montessori Council, Salt Lake City, Utah

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